



**PROYECTO**  
**100 años, 100 acciones por México**



CDMX, August 2019

**LIC. REINER JAHN**  
**PROJECT COORDINATOR**  
**100 años, 100 acciones por México**

**LIC. ROGER SIMS**  
**PROJECT COORDINATOR H2H**  
**100 años, 100 acciones por México**

**PRESENTES**

With the following we request and express the intention to be considered for the Project 100 years, 100 actions for Mexico.

**1) APPLICANT INFORMATION.**

**Club Rotary** Juárez Integra, A.C.  
**Club Rotaract** \_\_\_\_\_ (**Club Padrino** \_\_\_\_\_)

**Name:** Carmina Sara Moreno Morales

**Address:** Miguel Hidalgo #3210

**District and Club number:** D4110 - 54199

**Project name:** Cumpliendo Sueños. Transformando Vidas

(Fulfilling Dreams. Transforming Lives)

**Objective:** Empower the lives of young people in vulnerable areas and with high rates of violence, through workshops, conferences and activities that encourage them to improve their personal, family and academic environment.

**2) Project description, breakdown short and long term:**

The project consists of an annual event lasting six months, which includes various workshops taught twice a week by professionals in the field, where young people are provided with the following topics:

- Responsible sexuality
- Contraceptive methods and their consequences
- Abortion



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- Drug addiction and its consequences
- Domestic violence and dating
- Prevention of sexual abuse and harassment
- Conflict resolution in a non-violent way
- Workshop forgiveness as a method of healing
- Emotional intelligence
- Self-esteem
- Ecology and environmental care
- Art activities.

The long-term objectives are to reduce the rates of violence, early pregnancy, school drop-out and drug addiction and gang prevention. Increase the level of education of the ANAPRA community.

### **3) EXPLANATION OF THE SUSTAINABILITY OF THE PROJECT IF AVAILABLE.**

The project was started in 2010, by the Sembradores de Paz y Esperanza A.C. and to date there have been 8 events.

### **4) DIRECT AND INDIRECT BENEFICIARIES BREAKING DOWN BY SITUATION OF VULNERABILITY, ATTACHING IMAGES**

The direct beneficiaries are 32 young people per annual event adding up to 256 young people and their respective families. The indirect beneficiaries are approximately 12,500 inhabitants of the ANAPRA area.





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**5) PROJECT LOCATION:**

The colony of ANAPRA in Ciudad Juárez, is located to the northeast of the city, where right on the border between Mexico and the United States of America. Being one of the most populated colonies in the State of Chihuahua and where its low-income population

**6) AREAS OF INTEREST:**

Peace and conflict prevention/resolution   x  

**7) PROJECT BUDGET**

The Budget of the Project is USD \$2400.00, broken down as follows:

SOURCE	AMOUNT
FROM REQUESTING CLUB	USD 480



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Resources from other sources in Mexico: FURMEX and others	<b>USD</b>
Request to Heart 2 Heart	<b>USD 1920</b>
<b>SUM</b>	
<b>TOTAL</b>	<b>USD 2400.00</b>

**NOTE: The minimum commitments for requesting clubs are as follows:**

	<b>Project size (USD)</b>	<b>minimum commitment from requesting club (USD)</b>
<b>C Rotario</b>	<b>USD 500 – USD 5,000</b>	<b>20 % Del presupuesto total del proyecto</b>
<b>C Rotario</b>	<b>USD 5,000 – USD 10,000</b>	<b>USD 1,000</b>
<b>C Rotaract</b>	<b>USD 500 – USD10,000</b>	<b>10 % Del presupuesto total del proyecto</b>



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8) INVESTMENT TO BE MADE WITHIN THE PROJECT

CONCEPT	AMOUNT	TOTAL
Lodging		\$1053
Transportation		\$1185
Food		\$85
Teaching material		\$77
<b>TOTAL</b>		<b>USD 2,400.00</b>

SIGNATURAS

REQUESTING Carmina Sara Moreno Morales

CLUB PRESIDENT 2019 - 2020, NAME AND SIGNATURE (EMAIL and phone number)

Carmina Sara Moreno Morales  
carmina\_1206@hotmail.com  
6561319729

PRESIDENT 2020 – 2021, NAME AND SIGNATURE

David Antonio López  
dlopez@inalertss.com  
6561999510



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PROJECT LEADER, NAME AND SIGNATURE

LEADER 1

LEADER 2

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